



THE SAVING WORD

NINETEENTH SUNDAY IN ORDINARY TIME / A

9 AUGUST 2026

FIRST READING

1 Kings 19:9, 11-13

A reading from the first book of the Kings

Go out and stand on the mountain before the Lord God.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

■ The word of the Lord.

RESPONSORIAL PSALM

Ps 84:9-14. R. v. 8

R. Lord, show us your mercy and love, and grant us your salvation.

1. I will hear what the Lord God has to say, / a voice that speaks of peace. / His help is near for those who fear him / and his glory will dwell in our land. **R.**

2. Mercy and faithfulness have met; / justice and peace have embraced. / Faithfulness shall spring from the earth / and justice look down from heaven. **R.**

3. The Lord will make us prosper / and our earth shall yield its fruit. / Justice shall march before him / and peace shall follow his steps. **R.**



SECOND READING

Rom 9:1-5

A reading from the letter of St Paul to the Romans

I would willingly be condemned if it could help my people.

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

■ The word of the Lord.

GOSPEL ACCLAMATION

Ps 129:5

Alleluia, alleluia! / I hope in the Lord, / I trust in his word. / Alleluia!

GOSPEL

Mt 14:22-33

A reading from the holy Gospel according to Matthew.

Command me to come to you over the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a headwind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord', he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

■ The Gospel of the Lord.

A SERVICE OF THE SOCIETY OF ST PAUL

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Breaking Open the Word

TOWARDS UNKNOWN SHORES

There are times when we struggle, as though we are personally battling against a strong headwind and can't move out of our physical or spiritual slump. Today's Gospel reflects something of this experience. Jesus makes his disciples get into a boat (a symbol of Matthew's Gospel household) to sail to the 'other side'. This 'side' is unfamiliar and frightening. Jesus spends time on the land praying while the boat, in the meantime, is battling heavy seas and a strong headwind.

All this is a powerful image of the community of Jesus' disciples and, at times, like us or our experience of Church: battling, trying to move forward as we feel alone. At this point in the story, Matthew draws on imagery used of God from the First Testament to describe Jesus walking on the water, coming towards a boat filled with terrified disciples. When they see Jesus, their terror heightens thinking he is a ghost. Jesus reassures them.

Peter, the leader and spokesperson, then asks to come out to be with Jesus on the water. While Peter's focus is on Jesus all is safe as he steps from the boat on to the water. But when he becomes distracted by the wind and waves and takes his gaze off Jesus, he begins to sink. Jesus responds immediately to his plea for rescue and the scene concludes with the disciples worshipping Jesus as God's saving agent. This story speaks forcefully to our community of struggling believers. Jesus seeks to be with us in this 'boat' called 'Church' as we sail together, in that synodal spirit, towards unknown and frightening shores while subject to fearful and unsettling conditions.

Fr Michael Trainor

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FOLLOW US ON FACEBOOK!

Sacred Heart Parish Mundaring

**"To grow in discipleship of
Jesus and go make disciples"**

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Weekday Mass Feasts:

Tuesday Memorial of St Clare, Virgin p2279

Friday 9.00am Whole School Mass

630pm Eucharistic Adoration

700pm Vigil Mass of the Assumption

Saturday 830am The Assumption of Mary p1939

Saturday evening's Mass is the Vigil of the 19th Sunday Ord T.

The celebration of the Assumption, Christmas and Sundays are what are called days of obligation, where apart from serious reasons, we strive to join the Church in offering our worship to God in Holy Mass.

PARISH ACCOUNT DETAILS:

1st Collection: Priest upkeep

'The Roman Catholic Archbishop'

BSB: 086006

A/C #: 985196641

2nd Collection: Parish upkeep

'The Roman Catholic Archbishop'

BSB: 086006

A/C #: 673418807



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SCAN ME



Card facilities at the back of the Church for your convenience.

PRAYER CORNER

Prayer Intentions for the sick

Kevin Bell

Bonnie Brown

Mary Sheehan

Andrew Azzaro

Tess Howden

Trevor Clark

Dennis Denoual

Bill Makely



Ordinary
Time

WEEKEND MASSES:

Saturday Vigil – 6.00pm @ Sacred Heart

Sunday – 7.30am @ Our Lady of Good

Counsel, Chidlow

9.30am @ Sacred Heart Mundaring

Weekday Masses:

Tuesday 8.30am

Wednesday 8.00am

Thursday 8.30am

7.00pm Men's prayer group

1st & 3rd wk of the month

Friday 9.00am Whole School Mass

6.30pm Adoration, Confession

7.00pm Vigil Mass Assumption

Saturday 8.30am Assumption

9.00am Rosary & Cenacle

Reconciliation:

Friday 9.00am (Sacred Heart)

Saturday 9.00am (Sacred Heart)

1st Wednesday of the month 12-1.00pm

(Our Lady of Good Counsel, Chidlow)

Parish Cuppa:

Mundaring: 1st Weekend of the Month

Chidlow: Following each Sunday morning

Mass ALL WELCOME!

For information about Baptism or other sacraments please visit our website, email or phone the parish.

NEWS, EVENTS & CELEBRATIONS

COFFEE AND CONVERSATION – THE DIVINITY OF CHRIST

Our exploration of the Catholic Faith continues Sunday 1045-1130am where we consider why **FAITH & REASON** can point us to the conclusion that Christ is truly the revelation of God. Come along and be inspired by the compelling case for Christ!

NATIONAL VOCATIONS AWARENESS WEEK

Finishing Sunday 9th of August, the Diocese is encouraged to reflect on and pray for vocations within the Church, generously responding to God's call in our life.

CALLED TO MORE RETREAT

Women's Discernment Retreat day

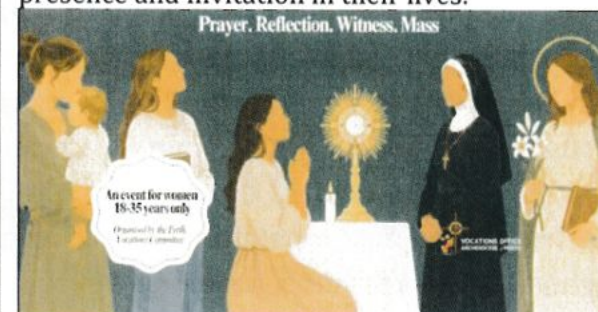
Saturday August 15 930am-4pm

@ Trinity College

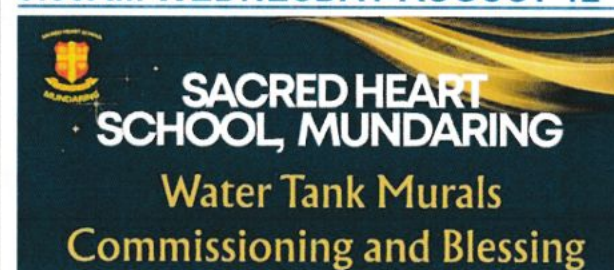
An event for women 18-35 years only

(Scan to register)

Come to pray, reflect and join some conversations for women seeking to listen more deeply to God's presence and invitation in their lives.



9.00AM WEDNESDAY AUGUST 12TH



YOU ARE WARMLY INVITED TO ATTEND THIS COMMISSIONING WITH THE PARISH SCHOOL

The artwork, which all the students contributed to, captures not only the natural beauty of local flora and fauna, but also incorporates links to Christ, the Sacred Heart and the 3x School patron saints: St Emilie De Villar, St Mary of the Cross MacKillop and St Joseph. It's a prominent link and reminder to the faith identity and story of the parish school.

A NEW WAY TO GIVE YOUR KIDS (OR GRANDKIDS) THE GIFT OF PRAYER



If you've struggled incorporating prayer into kid's bedtime, the **Theo App** might be a new approach to try. Very well made. It does have a subscription, but the 7 day free trial is worth checking out! I've had many parents share with me about their success with this app.

Also **Superbook** is a great free Bible video series for kids that has at least 9 seasons. You can find these on YouTube and the Superbook Bible App, which also includes games & profiles of Bible characters. **Hallow** has lots for both kids and adults alike with free and subscription levels.

Need to check a question? Don't just rely on Google. Try **Magisterium AI**, directly drawing on over 30,000 Church documents and scholarly works in its database to help you answer your questions. A similar one is **Catholic Chat**, which drawing heavily on the Catechism and using similar sources allows you to pitch the answer at the level of children, or perhaps a more scholarly level. **Truthly** is another faithful one.

