

FIRST READING

A reading from the prophet Isaiah
Hasten and eat.

Thus says the Lord:

Oh, come to the water all you who are thirsty;
though you have no money, come!
Buy corn without money, and eat,
and, at no cost, wine and milk.
Why spend money on what is not bread,
your wages on what fails to satisfy?
Listen, listen to me and you will have good
things to eat
and rich food to enjoy.
Pay attention, come to me;
listen, and your soul will live.
With you I will make an everlasting covenant
out of the favours promised to David.

■ The word of the Lord.

RESP PSALM

R. The hand of the Lord feeds us,
he answers all our needs.

1. The Lord is kind and full of compassion, /
slow to anger, abounding in love. / How good
is the Lord to all, / compassionate to all his
creatures. R.
2. The eyes of all creatures look to you / and
you give them their food in due time. / You
open wide your hand, / grant the desires of all
who live. R.
3. The Lord is just in all his ways / and loving
in all his deeds. / He is close to all who call
him, / call on him from their hearts. R.

Isa 55:1-3



SECOND READING

A reading from the letter of St Paul to the
Romans

*No creature can separate us from the love of God,
which is in Christ.*

Nothing can come between us and the love of
Christ, even if we are troubled or worried, or
being persecuted, or lacking food or clothes, or
being threatened or even attacked. These are
the trials through which we triumph, by the
power of him who loved us.

For I am certain of this: neither death nor
life, no angel, no prince, nothing that exists,
nothing still to come, not any power, or height
or depth, nor any created thing, can ever come
between us and the love of God made visible in
Christ Jesus our Lord.

■ The word of the Lord.

GOSPEL ACCLAMATION

Alleluia, alleluia! / No one lives on bread
alone, / but on every word that comes from
the mouth of God. / Alleluia!

Rom 8:35, 37-39

Mt 4:4

GOSPEL

A reading from the holy Gospel according to
Matthew

They all ate and were satisfied.

When Jesus received the news of John the
Baptist's death he withdrew by boat to a lonely
place where they could be by themselves. But
the people heard of this and, leaving the towns,
went after him on foot. So as he stepped ashore
he saw a large crowd; and he took pity on them
and healed their sick.

When evening came, the disciples went
to him and said, 'This is a lonely place, and
the time has slipped by; so send the people
away, and they can go to the villages to buy
themselves some food.' Jesus replied, 'There is
no need for them to go: give them something
to eat yourselves.' But they answered, 'All
we have with us is five loaves and two fish.'
'Bring them here to me,' he said. He gave
orders that the people were to sit down on
the grass; then he took the five loaves and
the two fish, raised his eyes to heaven and
said the blessing. And breaking the loaves
he handed them to his disciples who gave
them to the crowds. They all ate as much as
they wanted, and they collected the scraps
remaining, twelve baskets full. Those who ate
numbered about five thousand men, to say
nothing of women and children.

■ The Gospel of the Lord.

A SERVICE OF THE SOCIETY OF ST PAUL

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Mt 14:13-21

Breaking Open the Word

JESUS NURTURES US

Have you ever experienced a time when you
needed to rest, restore yourself and, perhaps,
even reflect on the direction in which your
life is moving? Today's Gospel can speak
to this experience. Jesus, accompanied by
his disciples, steps ashore from a boat and
discovers a troubled crowd in need of healing.
It is evening, a *lonely* (literally, 'a desert') place
and the crowd needs to eat. Figuratively, this
crowd represents how we might feel at times, in
need of care, comfort, healing and sustenance.

The disciples have the solution. They want
him to send the people off to purchase food
from the local villages. But Jesus surprises the
disciples with another solution: *they* are to find
the food that is necessary. The Greek text can
also be interpreted, 'You give them *yourselves*
to eat!' This gets to the heart of the issue. The
disciples retort that they don't have what is
needed (either physically or personally?) to
satisfy the hungry crowd, only five loaves and
two fish, representative of the average food
allowance for one household in the ancient
world.

Jesus gets the crowd to sit down (literally,
'recline'—the dining posture in the Greco-
Roman world) on the 'grass' (but isn't this
a desert?) takes the meagre offering of the
disciples, prays a eucharistic blessing over
the loaves and fish, then gets the disciples to
distribute to the crowd. They eat, are satisfied,
and there remains enough leftovers, twelve
baskets full, for the future. Our deepest need
for spiritual restoration and nurture is met in
today's celebration of Word and Eucharist.
Jesus nurtures us.

Fr Michael Trainor

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FOLLOW US ON FACEBOOK!

Sacred Heart Parish Mundaring

**"To grow in discipleship of
Jesus and go make disciples"**

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Ordinary
Time

WEEKEND MASSES:

Saturday Vigil – 6.00pm @ Sacred Heart

Sunday – 7.30am @ Our Lady of Good

Counsel, Chidlow

9.30am @ Sacred Heart Mundaring

Weekday Masses:

Tuesday 8.30am

Wednesday 8.00am & **School Mass 9am**

Thursday 8.30am

7.00pm Men's prayer group

1st & 3rd wk of the month

Friday 8.30am

9.00am Adoration, Benediction &
Reconciliation

Saturday 8.30am

9.00am Rosary & Cenacle

Reconciliation:

Friday 9.00am (Sacred Heart)

Saturday 9.00am (Sacred Heart)

1st Wednesday of the month 12-1.00pm
(Our Lady of Good Counsel, Chidlow)

Parish Cuppa:

Mundaring: 1st Weekend of the Month

Chidlow: Following each Sunday morning
Mass ALL WELCOME!

For information about Baptism or other
sacraments please visit our website,
email or phone the parish.

Weekday Mass Feasts:

600pm Monday Mass 3rd of August – Mass of St Dominic

Each year around the anniversary of our ordination, myself and
those in my ordination cohort available gather to celebrate Vespers
and Mass. This year we're having Mass in Mundaring. You're
welcome to come and meet the other "Fr Gorddard" and Fr Patrick
Toohey and together pray for, and in thanksgiving of vocations.

Tuesday Saint John Mary Vianney, Pastor p2265

Wednesday 9am School Mass, *Votive Mass of St Mary
MacKillop (All welcome)*

Thursday Transfiguration of the Lord p1907

Saturday St Mary of the Cross MacKillop, p1919

PARISH ACCOUNT DETAILS:

1st Collection: Priest upkeep
'The Roman Catholic Archbishop'
BSB: 086006
A/C #: 985196641

2nd Collection: Parish upkeep
'The Roman Catholic Archbishop'
BSB: 086006
A/C #: 673418807



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online. Simple
and easy.



Card facilities at
the back of the
Church for your
convenience.

PRAYER CORNER

Prayer Intentions for the sick

Kevin Bell

Bonnie Brown

Mary Sheehan

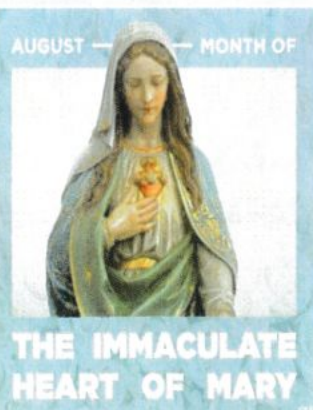
Andrew Azzaro

Tess Howden

Trevor Clark

Dennis Denoual

Bill Makely



NEWS, EVENTS & CELEBRATIONS

"SPEAK LORD, YOUR SERVANT IS LISTENING."

Early this year I was at a wedding at St Mary's
Cathedral. After proclaiming the Gospel, I eagerly
looked forward to the treat of being able to hear
some else preach a homily on marriage. I'm sure it
was a great homily, but I could only hear about 1 in
every 3 words sitting in the Cathedral sanctuary.
Church acoustics are indeed complicated!

In Mundaring, the presider is located away from the
speakers and sadly sometimes I can't determine if
the microphone is switched off or the battery failed.
I still, very sadly, remember a funeral where the
families eulogy was given with the microphone off,
but I couldn't tell! A bit of a catastrophe!

Also, given the celebrant's contribution in leading
the liturgy, careful listening is needed for the
minister to compliment the timing and efforts of the
choir. I even supplied the choir some signs to try and
signal to me from the back when something was
going wrong because of how regularly issues occur!

Very kindly, Peter Hunt of Merus Sound, who lives
in our parish, has been assisting to discern how the
celebrant can hear a bit more clearly. He is currently
working on St Mary's Cathedral Sydney and has a
wealth of experience in complicated acoustic spaces
like Churches. I am deeply grateful for his generous
guidance. I will be donating and trialling two
discrete speakers over the next few weeks that will
work with our existing system but assist the
sanctuary sound.

This should be a significant support to our
worship.

CALLED TO MORE RETREAT

Women's Discernment Retreat day

Saturday August 15 930am-4pm

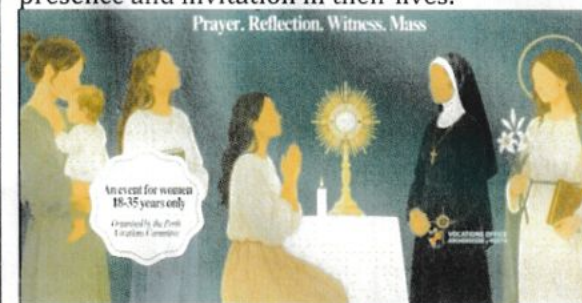
@ Trinity College

An event for women 18-35 years only



(Scan to register)

Come to pray, reflect and join some conversations
for women seeking to listen more deeply to God's
presence and invitation in their lives.



A BIG THANK YOU and shout out to some of our
generous and handy parishioners who have shared
their talents to assist our youngest parishioners.

Stiv and Matthew Tonev have done a terrific job to
expand and upgraded our cabinet to fit a more long
term sustainable screen setup. Some additional
woodwork is assisting a shutter to easily secure
and operate it. Thank you Stiv and Matthew!

Meanwhile am very appreciative to Colin Hocking
who generously worked on one of the pews
to make it easier for a children's mat to be setup and
packed away in the patio space. Not only for
weekend Mass, but even parents and children
gathering for weekday faith sharing groups. Thank
you to everyone who generously shares their time
and gifts for our community!

NATIONAL VOCATIONS AWARENESS WEEK

This Sunday 2nd August to Sunday 9th of August, the
Diocese is encouraged to reflect on and pray for
vocations within the Church, generously responding
to God's call in our life.



FIRST SUNDAY CUPPA *This weekend*

Connection is part of the mission and vitality of
every parish. All are welcome! Thank you to all
who generously bring a plate to share for our
community fellowship! ☺



**St Mother Teresa
Of Calcutta**

*"If we have no peace, it is because we have
forgotten that we belong to each other."*

NEXT WEEKEND - COFFEE AND CONVERSATION

Our exploration of the Catholic Faith continues
Sunday 1045-1130am where we consider why
FAITH & REASON can point us to the conclusion
that Christ is truly the revelation of God. Come
along and be inspired by the compelling **case for
Christ!**